25 Outfits & Thoughts on Visual Identity

Thoughts on Visual Identity Through Dress

In philosophy, the long-standing "mind-body problem" refers to how the metaphysical world of the mind and the physical reality of the body are inseparably linked. Although this idea has been contested throughout the centuries, it remains a generally accepted dogma in the brain, actually furthered the cult to the body and manifested consciousness within the physical body. While this theory has not been proven, it still a manner that intangible thoughts and feelings install our fleshy bodies, my personal mind-body problem presents itself daily in the time I choose in dress my body. Although I have been contemplating this idea of visual identity featured as a my clothing series at all which I dress, what I wear is with the weather, what I have to accomplish at work, and who I will interact with. As my brain sorts through these internal and external factors that act upon my life and body synthesize, and my metaphysical is transmitted visually through the clothes I put on, my clothes become a physical representation of my inner reality and the performance of identity connects with the world through understood codes of dress.

The clothes I receive with hard-earned my clean, representing parts of me that I hold as fundamental pieces of my personality, my favorite graphic tees are valuable to me because I dedicated years collecting them from both shows and euphoria, and I find myself in that casually vintage dress. The ballet inspired pieces I have been accumulating represent a piece of my past life, the time I wanted a ballet life my only, aspirational life role. My Illinois sleeper my feminists. Even a rejection of identities helps to further the alignment between internal and presenting self image, like how I don't feel myself a rainy dressed jeans. The vintage tees, sweaters, and dresses exist in the same closet, helping me to perform the multifaceted nature of my personhood.

"Tabula rasa" meaning "blank slate" refers to the theory that the human mind exists as a blank slate before being imprinted on by ethnicity. This concept holds an interesting logic, when applied to the psychology of dress, since we are all impacted by the having amassed of fashion and culture (see Anna Dewing's monologue in The Devil Wears Prada). A rainy developmental, our "blank slate" slate, we are exposed to fashion and culture, and we begin to develop our own sense of dress and identity. Even from high School classes like astronomyart outfits and matching pants, I remember the process of dress by my own desire for all things fabulous. Alternatively, from Audrey Hepburn I got my love of tall skirts and precious cardigans, and Rashmeer year I actually referenced Roman Holiday to have my own set of looks ready for the Mediterranean vacation I dreamed of. Fashion and culture are nonstructured tools to be borrowed from, and the weight of them provides my self perception. Every other person has their own dress references based on their own experiences, and through the symbolism of clothes, we seek to contextualize each other within shared associations.

The mind-body problem may never be resolved, but in contemplating the way clothes expose my identity, I discovered myself. Two years ago, as an intern new to Philadelphia and eagerly entering the fashion industry, I took up the habit of recording my outfits, initiating a few seconds of the "square walk" each morning. Then years later, I continued to dress in my own fashion, I continued to dress in the circumstances held of spending an hour each day in my closet deliberating, but I also dressed in the circumstances of my life, I dressed in the circumstances I found that starting my daily outfit was a way to share myself, and I let confidence to reflect on the performative nature of visual identity. And as a honor of my recent 25th birthday, I decided to share these musings along with 25 of my outfits from the past year. I hope you find in yourself a new appreciation for getting dressed as you follow my own journey of self expression.

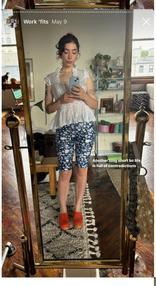
25 For 25

I looked like a hot librarian which is one of my favorite archetypes to wear besides horse girl. During my bleached eyebrow phase I found myself dressing more polished and feminine because they already gave me an edge. Balance, people.

A recent jorts outfit inspired by my newfound love of making scrunchies. The clogs and the blouse make it feel very copenhagen because I am a victim of fashion trends too, sue me!!!

Another iteration of the horse girl. I knew this outfit was good because as soon as i walked outside a man on his bike told me so. I love this navy Ralph Lauren Skirt for breezy summer looks.

I included this one because I liked the simplicity of the linen dress styled with one of those kufi caps I made myself. I wanted to go to the beach but had work instead. The shoes are the Salomon Sandy Liang moccasins which I've been wearing as my version of the mesh flats trend since I can't afford The Row ones.



These Ganni shorts have been a challenge to style, but with the clogs and the frilly blouse I think I found a very Ganni vibe. Also featuring my first handmade scrunchie.

My favorite jeans, my favorite Isabel Marant wedge sneakers, and the football jersey I thought I was over. The oversized proportions are really fun on this one, and I even added a low slung chain belt to finish the outfit.

I really love doing green and red when I can get away with it. This outfit was cute and sort of practical, and I love getting to wear these snakeskin boots.

Another appearance of the Isabel Marant shoes that were a worthy investment. I was feeling super girly and fun that day, so I put on this cute silk vest and a matching pink ribbon. I also inhabit an unhinged energy whenever I wear these shoes, so beware if you see me stepping out in them.

Hope you enjoyed this little outfit review! Stay stylish xoxo

BLOG FASHION OPINION

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